

Health and Fitness of High School Students 2015

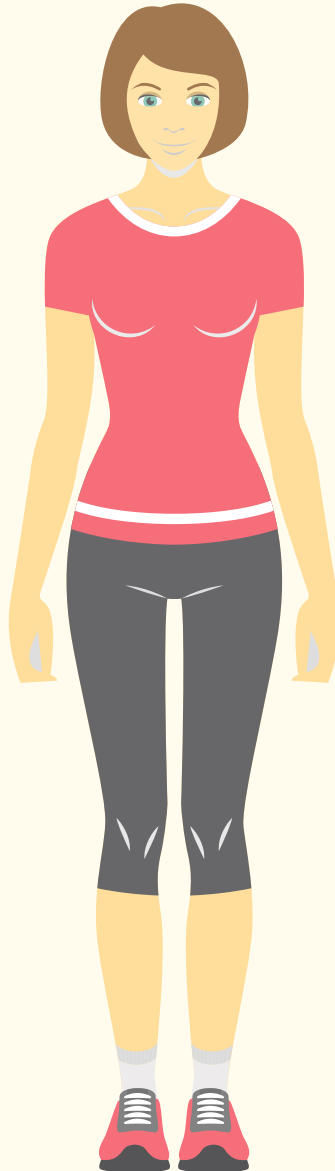
15.8% of Nevada high school students were overweight. The corresponding figure for the U.S. was 16.0%.



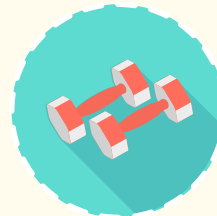
11.4% of Nevada high school students were obese. The corresponding figure for the U.S. was 13.9%.



49.9% of Nevada high school students were physically active at least 60 minutes/day on 5 or more days (during the 7 days before the YRBS*). The corresponding figure for the U.S. was 48.6%.



50.1% of Nevada high school students played on at least one sports team run by schools or community groups (12 mos. before the YRBS*). The corresponding figure for the U.S. was 57.6%.



**Data sources: Department of Health and Human Services, 2015 Nevada High School Youth Risk Behavior Survey (YRBS) Report; Kann, Laura, Tim McManus, William A. Harris, et al. Youth Risk Behavior Surveillance -- United States, 2015. MMWR, Surveill Summ 2016:65 No., https://www.cdc.gov/healthyyouth/data/yrbs/pdf/2015/ss6506_updated.pdf.*

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